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Plan de apoyo en Inglés para grado décimo, 2026 – Profesora Yira Alvarez.

Student Name: _____ Date: _____

1: Read the text carefully. Pay attention to the highlighted verbs in Simple Present and Simple Past. Then, Answer the questions below.

The Cost of Trendy Choices

[Inserte aquí caricatura de: Un adolescente con cara de preocupación, sosteniendo bolsas de ropa nueva y mirando su billetera vacía]

Today, Leo faces a big problem. He wants to look fashionable every day because he thinks that expensive clothes bring popularity. Every weekend, he goes to the shopping mall and spends all his pocket money on trendy sneakers, jackets, and accessories. He wastes money consistently, without thinking about his future or his real priorities.

However, things were different last month. Leo received a generous cash gift from his grandparents for his birthday. Instead of saving it, he ran to the nearest fashion boutique and bought an overpriced designer hoodie. Two days later, a local youth center organized a very important seminar about teenage emotional well-being and sexual health. The entry cost a small fee, but Leo had no money left. He felt deeply embarrassed when he realized he preferred short-term fashion trends over critical knowledge about his own body and health protection. Now, Leo understands that money management and health are way more valuable than superficial clothing.

1. Answer in complete sentences based on the text.

* Why does Leo spend so much money on expensive clothes?

R/ _____

* What happened last month when Leo received money from his grandparents?

R/ _____

* Why couldn't Leo attend the sexual health seminar?

R/ _____

2. Tense Identification: Look at the text and extract:

* Three (3) verbs in Simple Present:

1. _____ 2. _____ 3. _____

* Three (3) verbs in Simple Past:

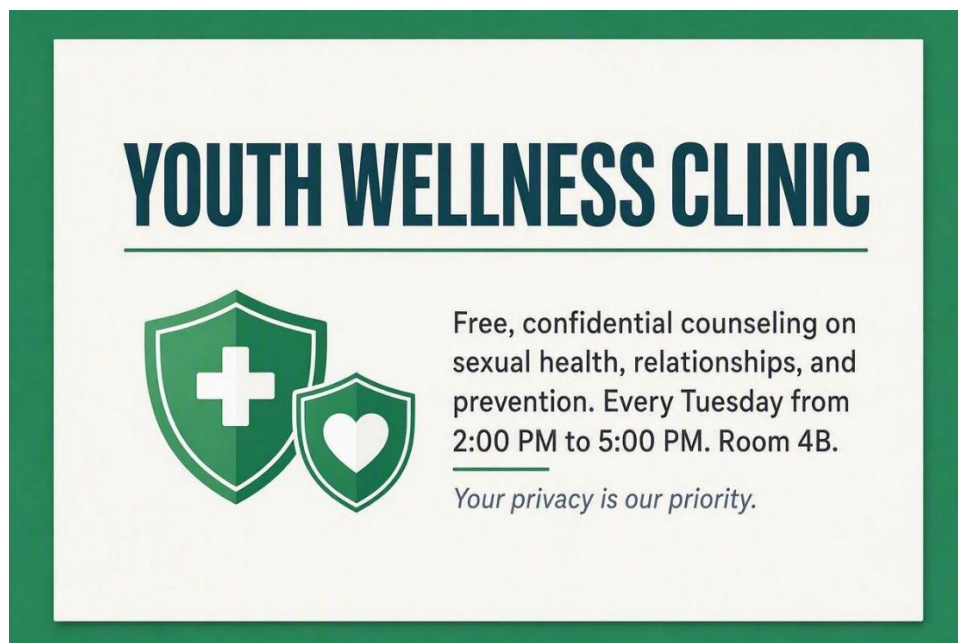
1. _____ 2. _____ 3. _____

2: Draw a line or write the correct letter inside the parenthesis to match the key concepts with their corresponding definitions.



- | | |
|-------------------|--|
| A. Wasting money | 1. Traditional, fictional narratives that usually convey a moral lesson. |
| B. Fast Fashion | 2. Mass-produced, inexpensive clothing that follows the latest trends rapidly. |
| C. Sexual Health | 3. Spending financial resources carelessly on things that are not necessary. |
| D. Shopping Spree | 4. A short period of time spent buying an unusually large amount of goods. |
| E. Story Tales | 5. A state of physical, emotional, and social well-being related to sexuality. |

3: Read the two school/public notices and choose the best option (A, B, or C) to answer each question.



Where can you see this notice?

- A) At a crowded clothing store entrance.
- B) On a high school information board or health center.
- C) Inside a commercial bank next to the ATM.

What is the main objective of Notice 1?

- A) To sell medical products to teenagers.
- B) To invite students to a fashion contest.
- C) To offer private, cost-free health support to young people.



What does this notice mean?

- A) Clothes are much cheaper because the store wants to sell everything quickly.
- B) The store is giving away free clothes if you pay with cash.
- C) You can change the clothes later if they do not fit you well.

4: Instructions: Complete the conversation between Mark and Sam using the words from the box. Conjugate the verbs in parentheses into the correct tense (Simple Present or Simple Past).

Word Bank: shopping spree | valuable | health | budget



* Mark: Hey Sam! Did you go to the mall yesterday? I _____ (see) you near the clothing stores.

* Sam: Hi Mark! Yes, I did. I _____ (have) a crazy (1) _____ and spent too much money on jackets.

* Mark: Oh no! You always (2) _____ (waste) your allowance on fast fashion. Do you keep a monthly (3) _____?

* Sam: Not really. I _____ (forget) to save money last month, and now I am completely broke.

* Mark: You need to be careful. Yesterday, I _____ (attend) a lecture about young finances and personal (4) _____. They explained that learning to manage our resources is highly (5) _____ for our future stability.

* Sam: You are totally right. I (6) _____ (need) to change my consumption habits immediately.

5: The following paragraphs form a short narrative about balance in life. Read them carefully and write the correct sequence (1 to 4) in the table below to restore the logical order of the story.

* Finally, she understood that true well-being comes from a balance between responsibility, personal care, and healthy financial decisions. She stopped buying things she didn't need and felt happier.

* Once upon a time, in a small modern town, a young girl named Alice loved reading classic story tales about kings and kingdoms. She often dreamed of wearing luxury dresses just like the queens in her favorite books.

* Due to her fashion obsession, she spent every single coin on brand-new shoes, ignoring her parents' advice about saving for university or paying for health insurance.

* However, one afternoon, she fell sick and required immediate medical attention. When she looked at her wallet, she realized she had no money because she wasted it all on seasonal trends during the weekend.

VISUAL GLOSSARY & STUDY AID



1: **WASTING MONEY:** The act of using money inefficiently, carelessly, or with no clear purpose. Context sentence: "Buying things you never use is just wasting money."



2: **FAST FASHION:** Affordable and disposable clothing produced rapidly by mass-market retailers in response to latest trends. Context sentence: "Fast fashion is cheap, but it causes huge environmental damage."



3: **SEXUAL HEALTH:** A respectful and safe approach to sexuality, free of coercion, discrimination, and health risks. Context sentence: "Schools provide workshops to educate teenagers on sexual health."



4: **STORY TALES:** Stories or narratives written for entertainment, often featuring folklore, lessons, or imaginative events. Context sentence: "Classic story tales always start with 'Once upon a time'."